



Team Building



Presented by
Poly High School

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Team Building Allows

Helps students with answering the following questions:

1. How do you deal with criticism?
2. How do you handle working with people you don't like?
3. What do you do when you work with disabled people?
4. Are you a leader or follower?



Benefits of Including All Grade Levels

1. Cost:

Soph. only = \$5000

Everyone = \$2500

2. Our seniors requested so that they could **connect** with younger students.



Benefits for Teachers

- Helps teachers identify who the leaders are at each grade level.
- Teachers have the opportunity to get to know students at all levels.
- Opportunity to build a bond of trust between teachers and students.



Benefits for Students

- NO SCHOOL!!!
- Builds bonds between grade levels.
- Organizational Skills
- Role Models



Preparing for Team Building Day

- Teachers place students into groups of 8-10 based on a mixture of grade levels
- Each team is assigned a number and must create a name and logo to be used on their team shirt
 - names must be school appropriate
 - academy supplies different colored shirts for each team



Preparing for Team Building Day

- Fill out appropriate forms to release teachers and students from school.

Students- field trip forms

Teachers- sub request forms

- Complete Facility Request

Contact: Athletic Director, Football Coach, and custodians.

- Decide how you will recognize the winners

Preparing for Team Building Day

- Lunch

Can provide lunch (can't use grant \$)

Could release students for school lunch

Maybe collect \$2-\$3 per kid

Talk to business partners

Team Building Day

1. Begin with students meeting in academy room where they are assigned their 1st event
2. Students proceed to field and set up for their 1st event.
3. Teams follow schedule of events. (see hand-outs)

Team Building Day

4. At each event:
 - teachers explain the rules
 - stress importance of 100% participation
 - teacher debriefs activity before group moves on to next activity
5. After final event, teams are responsible to clean up that event
6. After students are dismissed, teachers meet to debrief the day

Schedule of the day

8:00-8:30	Attendance and set up 1 st event
8:30-9:10	Event 1
9:20-9:55	Event 2
10:05-10:35	Event 3
10:40-11:15	Event 4
11:25-12:00	Event 5
12:00-12:45	Lunch
12:45-1:38	Clean Up

Clean Up Assignments

<u>Team #</u>	<u>Assignment</u>
1	volleyball and nets
2	skis
3	equipment from Mr. Jambretz
4	rain gutters
5	ropes, wood circles, cones
6	tables
7	leftover food
8 and 9	trash

Troubleshooting

- Need Shade
- Explain water concerns
- Trash
- 1 teacher should be a rover
- Cameras charged
- If groups wants their own shirts, make sure everyone can afford the shirt
- Be flexible
- Kids should double check lists for non-assigned students
- After attendance, may need to even groups

Ski Game



Ski Game

Items you need:

4- 1" x 6" x 10' boards

80 ft. of rope cut into 3 foot pieces

1" thick dowels cut into 24 pieces
pieces should be 7" long with
a hole in the middle for rope

Drill

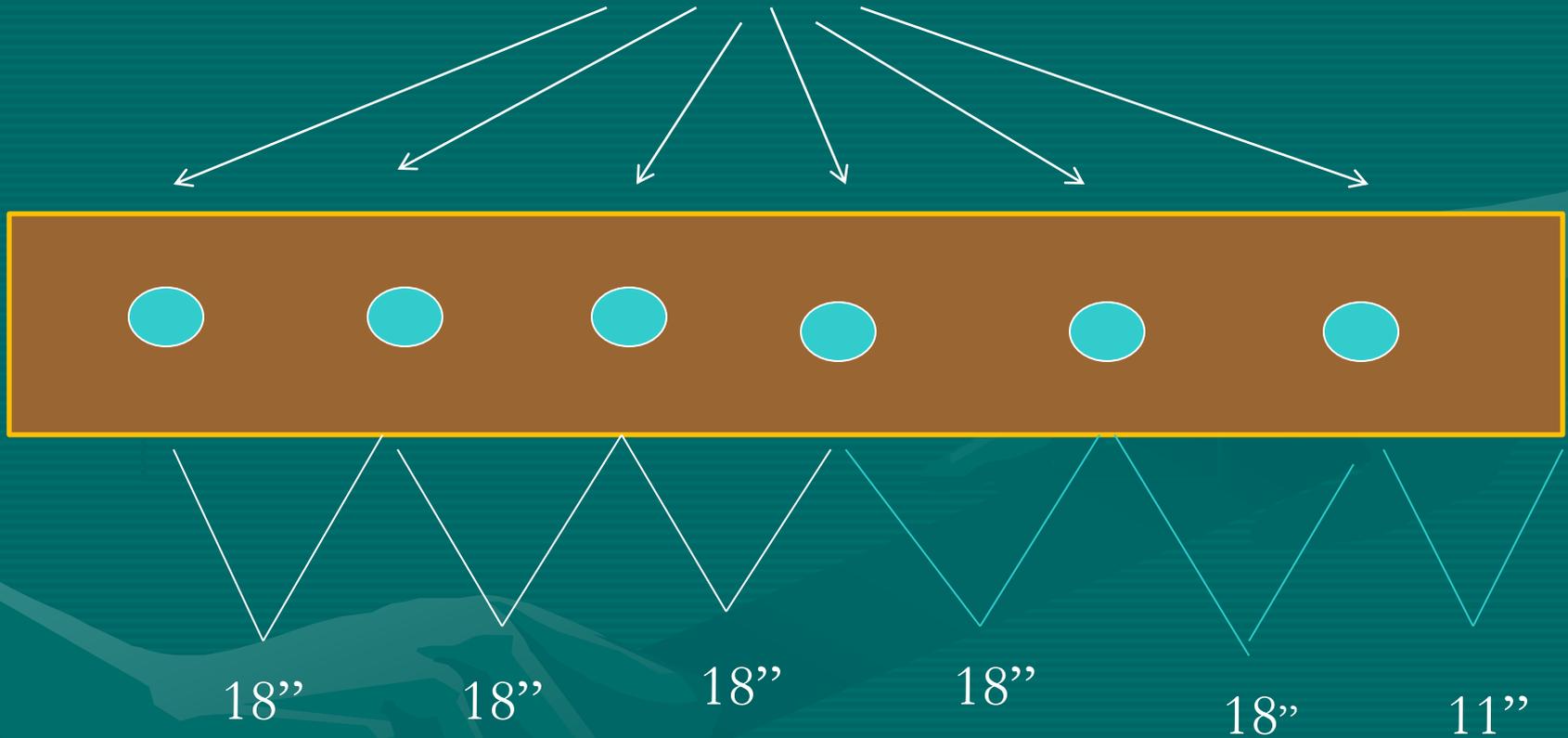


Ski Game

How to make the skis:

1. Drill holes in the middle of the 10' boards
first hole 11" from end
every other hole 18" apart
2. Holes should be big enough for rope to fit through but will hold when students pull on it.
3. Knot should be reset in the wood so skis don't slide.

Holes in the ski

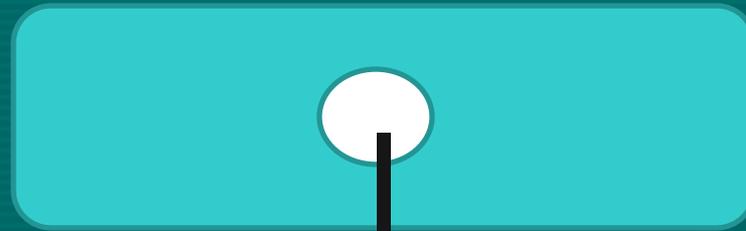


Ski Game

Making of the skis cont'd:

4. Thread one end of the 3' section of rope through the hole in the board and knot the end
5. Insert the other end of the rope through the middle of the 7" handle and knot the end. This is the handle for the students to hold on to.

Dowel Handle



Rope

Ski Game

Rules of the Game:

1. Two teams compete each other
2. Each team needs a pair of skis
3. Decide on a starting point and ending point
 - Football field works best



Ski Game

4. Both teams line up the skis at starting line
5. On the signal, the game begins
6. Each person has to have one foot on the ski with 6 students on a ski



Ski Game

Final Rules:

7. Teams begin walking as a team lifting the skis one at a time to move across the field
8. It may take some effort to coordinate- makes for a good laugh!
9. 1st team to reach finish line wins!



Ski Game

Variation:

You can have extra team members standing along the course and when they get to that spot, one person has to switch before continuing.



Blindfold Game



Blindfold Game

Materials Needed:

1. 10-20 blindfolds (old sheets)
2. 50 various balls (the plastic ones in a ball room)



Blindfold Game

Rules of the Game:

1. 2 teams compete against each other
2. Teams line up 10 yards apart
3. Team members must partner up
4. One person from each partnership must be blindfolded



Blindfold Game

Rules Cont'd:

5. Spread out the balls randomly between the two teams
6. Object is to eliminate the non-blindfolded people on opposite team
7. Blindfolded person must throw and hit a non-blindfolded person to eliminate them.



Blindfold Game

Blindfolded Person:

- Only person to handle or throw the balls
- Used as a shield

Non-blindfolded Person:

- Directs blindfolded person on where balls are and where to throw the balls
- Uses partner as a shield
- Must keep 1 hand on partner at all times



Spider Web Game



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Spider Web Game

Materials Needed:

18-20 cones

2 12" circles of wood

8 pieces of rope (8-10ft)

2 Cups or water bottles

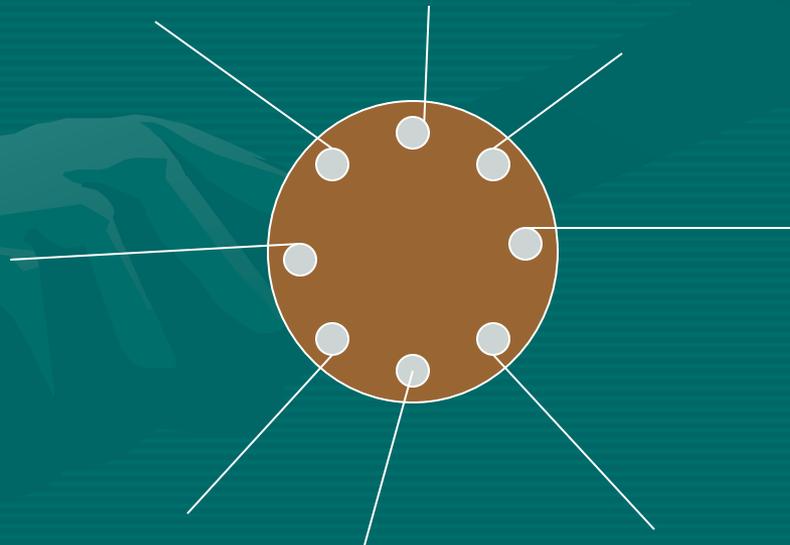
Drill



Spider Web Game

Making of the web:

1. Drill 8 holes, evenly spaced, in each circle of wood. The holes should be 1" from the edge.
2. Tie 1 piece of rope through each hole



Spider Web Game



Rules of the Game:

1. Two teams compete against each other
2. 8-9 cones were spread throughout the field area (steps, hills, goal posts, etc.)
3. Holding the tips of the rope, a cup is placed at the center of the web



Spider Web Game

Rules Cont'd:

4. Teams are to move the web from cone to cone
5. Should the cup fall over, the team must start over
6. 1st team to touch every cone wins.



Rain Gutter Game



Rain Gutter Game

Items you need:

1. Plastic rain gutters cut into 3 foot sections. One for every team member.
2. Two buckets
3. 30-40 golf balls (used ones are great)



Rain Gutter Game

Directions:

1. Two teams compete.
2. Object is to get the most golf balls in the bucket.
3. Golf balls may not roll backwards, stop at any time, roll out of the gutters or be touched by any player.



Rain Gutter Game

Directions Cont'd:

4. Students line up in a single file line. 1st student has golf ball in hand.
5. On the signal, they release the ball down their gutter.
6. The next person behind them in line has to run in front of the starter and have the ball roll down their gutter before it falls out.
7. The ball may not roll backwards or stop rolling. If ball stops or rolls backwards, have to start over!



Rain Gutter Game

Directions Cont'd.

8. When they get to the bucket, the gutter must touch the bucket so the ball rolls in it.

★ They will try to stand away from the bucket.

8. Once they have the ball in the bucket, they run back and start over.

9. Team with most balls in the bucket wins the round.



Bench Bobble



Bench Bobble

Materials you will need:

1. Drill
2. 32-48 wood screws (3 ½ inches)
3. 4 2x6 boards (6-10 ft long)
4. 1- 14' 4x4 board cut into 5 ½ inch blocks

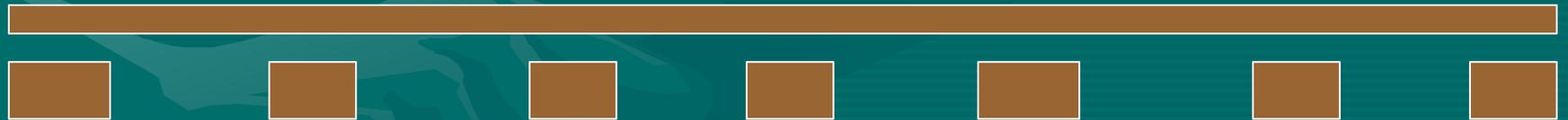
If your school has benches on football field, those work just fine.



Bench Bobble

How to make benches:

1. Place 4x4 blocks approximately 15-18 inches apart, starting with 1 block flush at each end
2. Drill two screws into each block



4x4 blocks under the 2x6x10

Bench Bobble

How to play the game:

1. Place boards in a line about 3 feet apart
2. Players from each team are lined up on one board
3. Object is to get your team across to the empty bench in the same order.

example:

7 6 5 4 3 2 1

begin

1 2 3 4 5 6 7

end



Bench Bobble

Rules Cont'd

4. If one player falls off the bench, the entire team must go back and start over
5. Two teams compete to see who is faster.
6. If time permits, make it a best out of 3 competition



Other Possible Activities

1. Sheet Volleyball

2. Relay races such as...

- T-shirt on/off
- 3-legged race
- Egg on a spoon
- Any party game from 50's or 60's



Thanks for coming!

If you have questions in the future, please contact any of us at (951) 788-7203

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